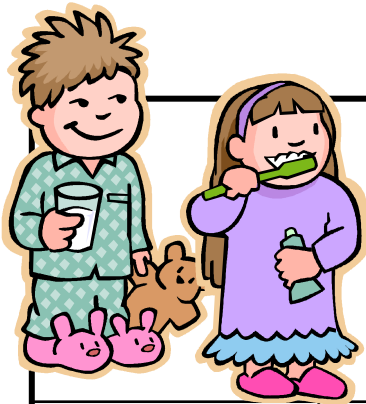


Bedtime Routine

After completing each bedtime task mark it below



**Brush
your
teeth**

**Use the
potty**



**Wash your
hands /
Take a
bath**

**Read a
book**



Lights out



**Stay in
bed until
morning**

Monday					
Tuesday					
Wednesday					
Thursday					
Friday					
Saturday					
Sunday					